How scared can people get, or how anonymous can they want to be?

Today I received a xerox of the NYTimes 12/16/74 RFK story, Lowenstein Says Year's
Study of Evidence Shows Sirhan Was Not Assassin of Kennedy, meter-dated New York 12/24/74.

My names is spelled with xxx a double "s." There is no return address. The meter is so
lacking in ink the number is illegible.

Sending a newspaper is hazardous? Requires secrecy? This is something to be ashamed of? What can be the reason?

This copy was made in an office with enough xeroxing to keep a good papercutter handy. The clipping was trimmed with a straight-edged cutter, two sides. A little too close with the first chilumn. But the copy is poor. The machine needs adjusting.

And why should someone have waited 8 days to do it? Seven not counting the Sunday the story appeared. HW 12/27/74